



## Outdoor Soccer Rulebook

### General

- There shall be 5 players on the field. Teams shall consist of a maximum of 8 players.
- Substitutions may occur following any stoppage of play (out-of-bounds, foul, penalty, halftime). There is no limit for substitutions.
- Two 15-minute halves will be played. During regular season, ties will be possible at the end of regulation. During playoffs, a golden goal period will be played at the end of regulation in the event of a tie.
- **IM staff will be present to supervise, but not to directly referee games. Please exercise good sportsmanship and honesty regarding fouls, out-of-bounds calls, or other infractions.** Excessive arguing, unsportsmanlike conduct, or other conduct out of line with the spirit of the game that is noted by the supervising IM staff person may result in a penalty kick or for extreme cases, in disqualification of a player or team.

### Illegal Equipment

- Headwear containing any hard, unyielding, or stiff materials, including billed hats or items containing exposed knots
- Loose jewelry
- Pads
- *Metal spikes*
- Leg and knee braces made of hard, unyielding material, unless covered on both sides and all edges overlapped.
- Any slippery or sticky foreign substance on any equipment or exposed part of the body.
- Exposed metal on clothes or person

### Playing Field

- Games will be played on the turf field. Field boundaries will be marked out by cones, and will be approximately 40 yards wide and 55 yards long.
- A small 6' goal will be used.
- The ball is out of bounds and play will stop if:
  - The ball crosses the end line
    - If the offense loses possession the defending team will be awarded a goal kick
    - If the defense loses possession the offensive team will be awarded a corner kick
  - The ball crosses the sideline
    - If the offense loses possession the defending team will be awarded an indirect kick at the point where the ball crossed the sideline.



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- If the defense loses possession the offending team will be awarded an indirect kick at the point where the ball crossed the sideline.
  - Ball is only out if it is completely over the line either on the ground or in the air

### Playing the Game

- No touching the ball with hands or arms
- No player will be allowed to function as a keeper. The goal will be placed behind the white sideline. Players may not play the ball from within the sideline area. This includes both offense and defense. The offense playing the ball from within the sideline area will result in a goal kick for the defense. The defense playing the ball from within the sideline area will result in a penalty kick for the offense.
- No offsides will be called.
- Shots on goal are legal from any position on the field.
- Absolutely NO slide tackles. Violations will result in a penalty kick for the opposing team.
  - Sliding to save the ball with no opponents around is permitted

### Fouls

- Fouls include:
  - Holding clothing
  - Pushing
  - Playing the ball with the hand
  - Unnecessary roughness
- Fouls will result in a direct free kick for the team the foul was committed against
- If a team is awarded possession as result of a foul within 12 yards of the goal, they will take a direct free kick from 12 yards out instead of the point of the foul.
- Opposing players must remain 5 yards away from a direct kick

### Goal Kicks

- Must be taken from the end line.
- Anyone can take the kick.
- Are direct.

### Penalty Kicks

- Will be awarded for slide tackles, handball or other foul denying a goal-scoring opportunity, or playing the ball within the sideline area. No goalie or wall is allowed.
- Distance: midfield.
- All other players, including offense, must remain behind the penalty kick and a minimum of 5 yards away from the penalty spot until the ball is struck. At that point it becomes a live ball.



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- The penalty taker may not touch the ball again until after it has been touched by another player.

### Direct Kicks

- Ball is placed at the point of infraction and the opponents must be 5 yards from the ball.
- Offensive team can score off the kick without having the ball touch another player.
- The kicker shall not play the ball a second time until it has been touched or played by another player