



Blessed are Those Who Mourn

Word

- Matthew 5:4
- What does it mean to “*mourn*”? Another word found throughout Scripture that is synonymous with the word *mourn* is *lament*. Lament is a biblical concept found throughout Scripture (we even have a whole book on it!). Lament is deeply grieved by “things are not supposed to be this way” but hopes deeply in the promise that Jesus is restoring all things to himself. **For what things or in what ways does Scripture call us to lament/mourn?** (see below Scriptures if you need some guidance in conversation)

Personal Mourning - Personal mourning leads to repentance which leads to salvation

- Romans 7:21-25
- 2 Corinthians 7:8-10

Universal Mourning - Universal mourning leads to hope for all things restored

- Isaiah 61:1-3
- What do these Scriptures teach us about God’s heart?

World

- If “mourning” is a beatitude of Jesus, what would the beatitude of the world be? Give examples.
- We live in a severely broken world. Every day there are more reports of mass shootings, broken families, even natural disasters. In what ways and for what reasons are you mourning/lamenting about these occurrences in the world?
- What ways does the world offer comfort that leads only to misery and is empty of its promise?

Us

- Have you ever been taught to practice mourning and lament? Family, church, etc.
- What areas of your life do you need to bring before the Lord in Lament?
- Jesus promises that those who mourn will be comforted: a comfort that leads to both repentance and hope. In mourning and brokenness, what hope do you find in the promise of Jesus?